

Ottawa Charter – Five Priority Action Areas

-
-
-
-
-

What is Workplace Health Promotion About?

(Ref: EU Fact sheet info)

-
-
-
-
-

Define Health Promotion

Define Workplace Health Promotion

Why People Want to Make a Positive Health Change

-
-
-
-
-
-

Steps in Organising a Health Promotion Initiative

- 1.
- 2.
- 3.
- 4.
- 5.

Planning an Event:

Methods:

Evaluation:

Functions and Attributes of a “Health Champion”

-
-
-
-
-
-

Element 7

Workplace Health Promotion

Benefits of Health Promotion

-
-
-
-
-
-
-
-
-
-

What Makes the Workplace an Ideal Setting for HP?

-
-
-
-
-
-

Main Factors Influencing the Health of the Working Age Population

-
-
-
-
-
-